

I INSIST ON SAYING ME-BODY
INSTEAD OF 'MY BODY'
BECAUSE THERE IS NOT A BODY
APART FROM ME THAT I OWN.
I AM ME-BODY. AND ME-BODY
IS MY FIRST SPACE OF FREEDOM.
AS IT IS YOU-BODY.

Excerpt from my master thesis or textbook « how como me-body got closer me lembrei do Brasil to the ground com eu-corpo no chão » (2022)

## NO MEIO DO CAMINHO, A GENTE DANÇA.

(LISBOA/PT, MARCH 2022)

Walking performance created from previous walks with some participants of TEPE (International Meeting on the City, Body and Sound) as a starting point for the discovery of the performative possibilities of the body in the city.

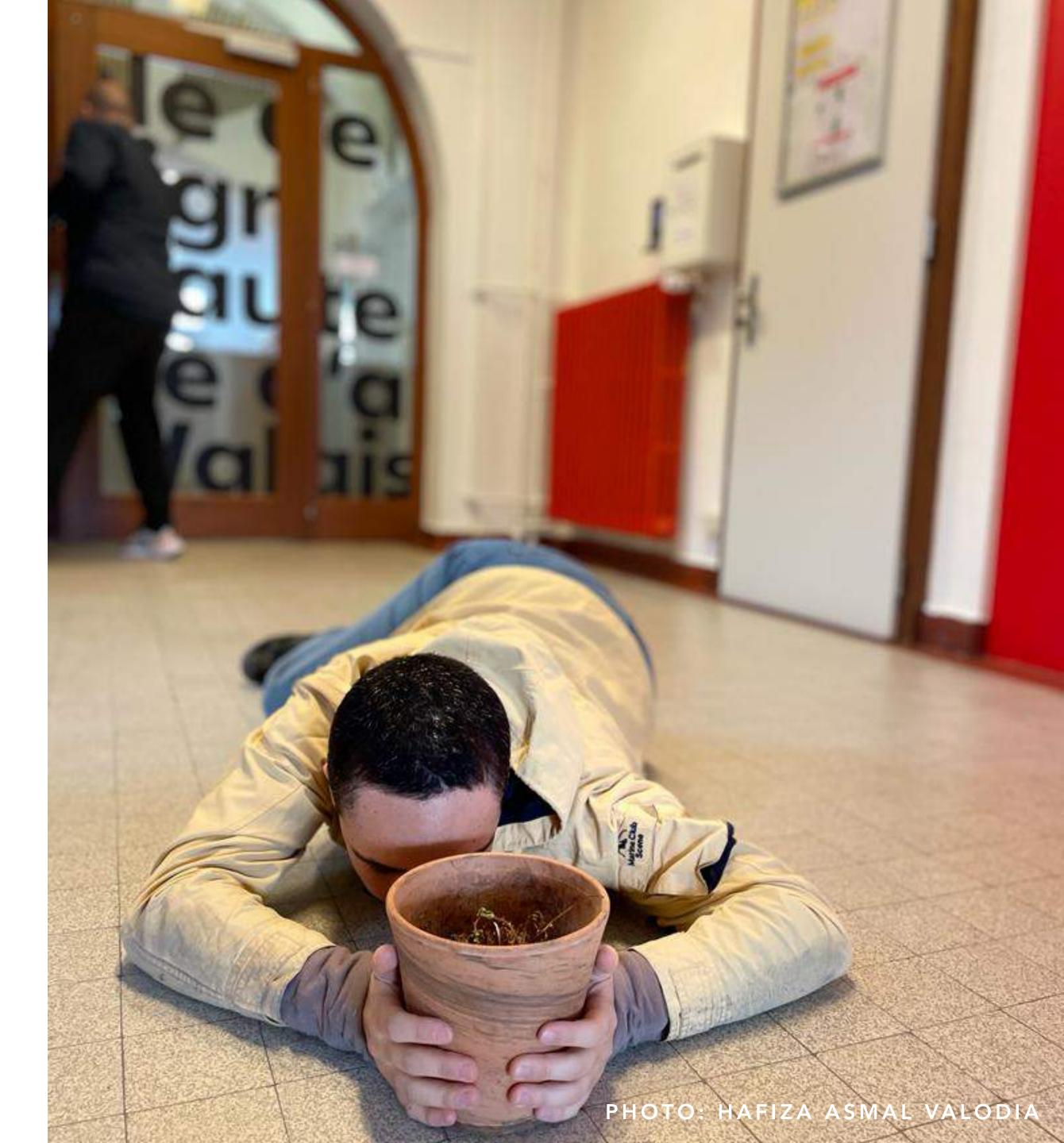


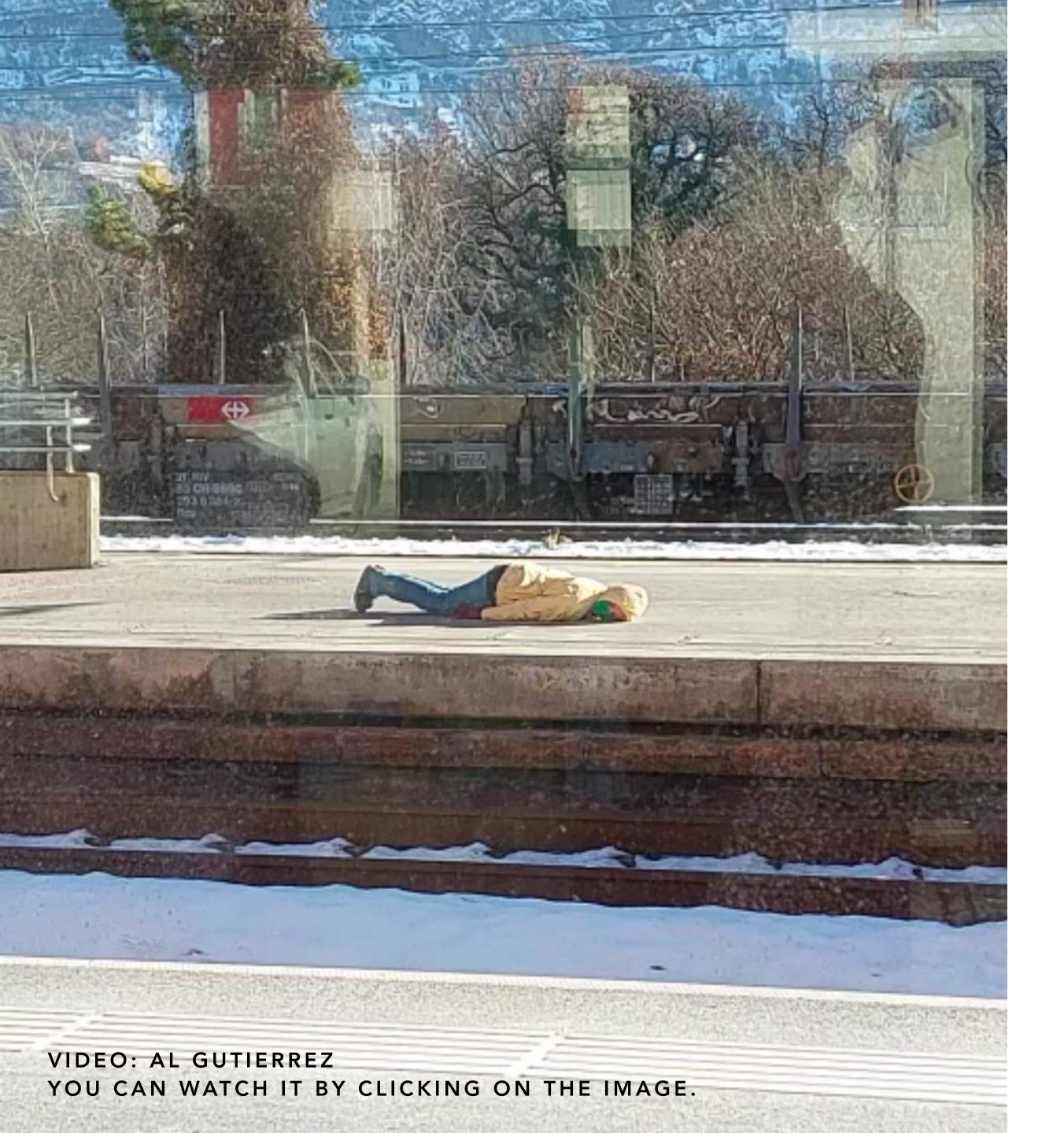


### ÉDHÉA'S CRAWLING TOUR

(SIERRE/CH, MARCH 2022)

Crawling Performance inside of the main building of ÉDHÉA, developed for the Journée Portes Ouvertes from the question: Are we looking to the low level in artistic-educational institutions?





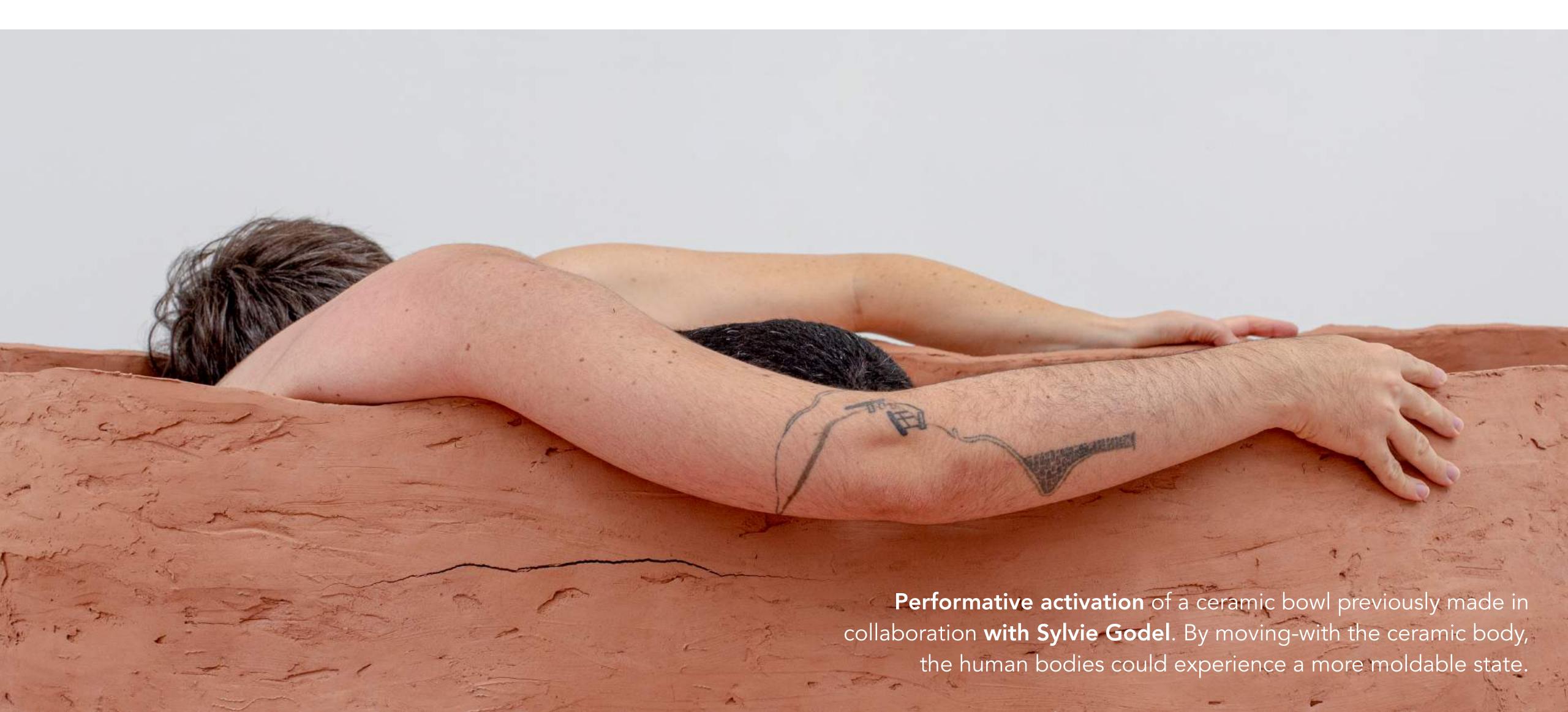
#### LARVA MIGRANS

(SIERRE/CH, JANUARY 2022)

Crawling performance and installation with sound for the exhibition en train de (Jury MAPS 2) at Sierre's train station. While the public listened in an inside space about the body closer to the ground as a central gesture for the counter colonization of narratives, through a window they could see *me-body* crawling outside.

### CERAMIC BODIES

(LAUSANNE/CH, DECEMBER 2021)





# ABOUT AND AROUND A ROUNDABOUT

(SIERRE/CH, JUNE 2021)

Walking performance situated in a roundabout in downtown Sierre, developed in the context of the seminar sensitive situations (MAPS/ÉDHÉA) from the question: How can the presence of the body revolve the movement of cities?





#### AU MILIEU DU CHEMIN, ON DANSE.

(LAUSANNE/CH, APRIL 2021)





# WHAT IF I TOLD YOU I WALKED 117 KM TO MEET YOU?

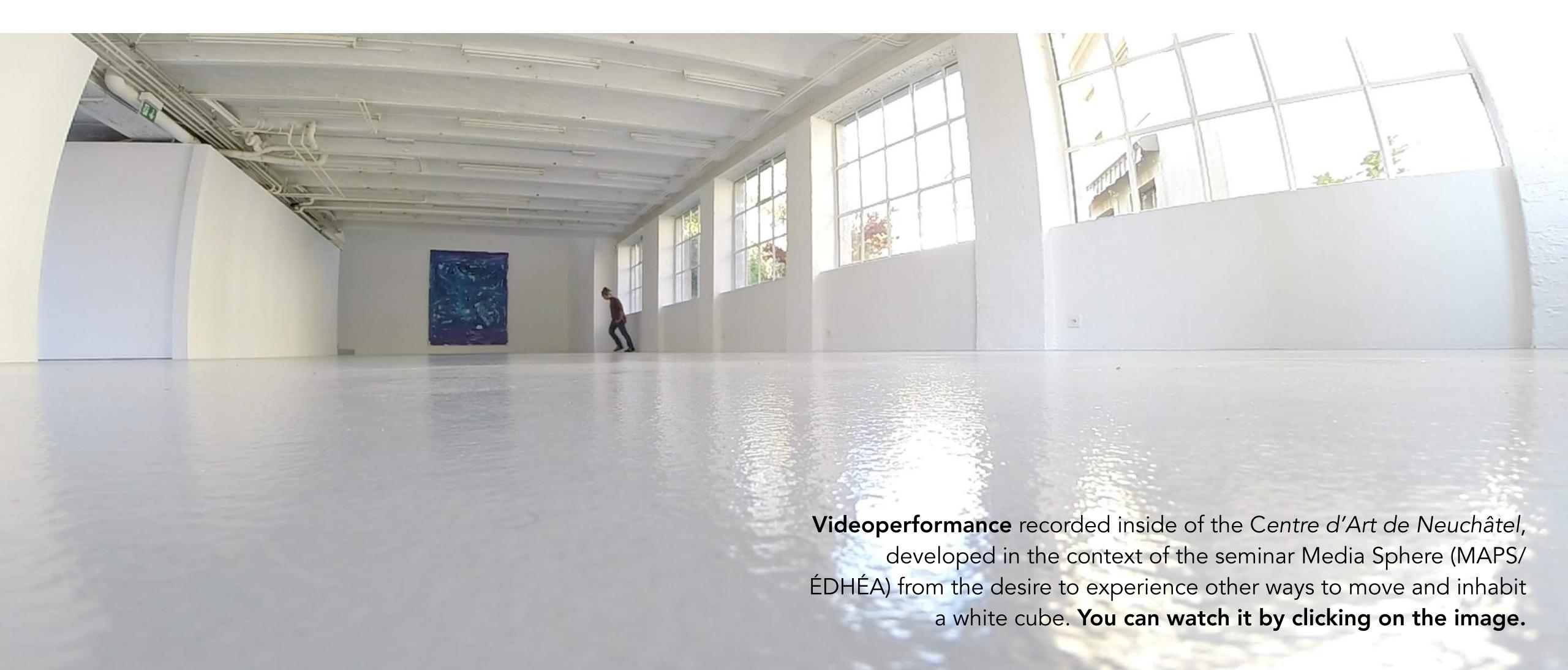
(SIERRE-LAUSANNE/CH, APRIL 2021)

Durational performance in which I walked from Sierre to Lausanne in 6 days to participate at Festival Act Valais, in Arsenic. Because of health measures, I could only talk online with the public, starting conversations from the question above.



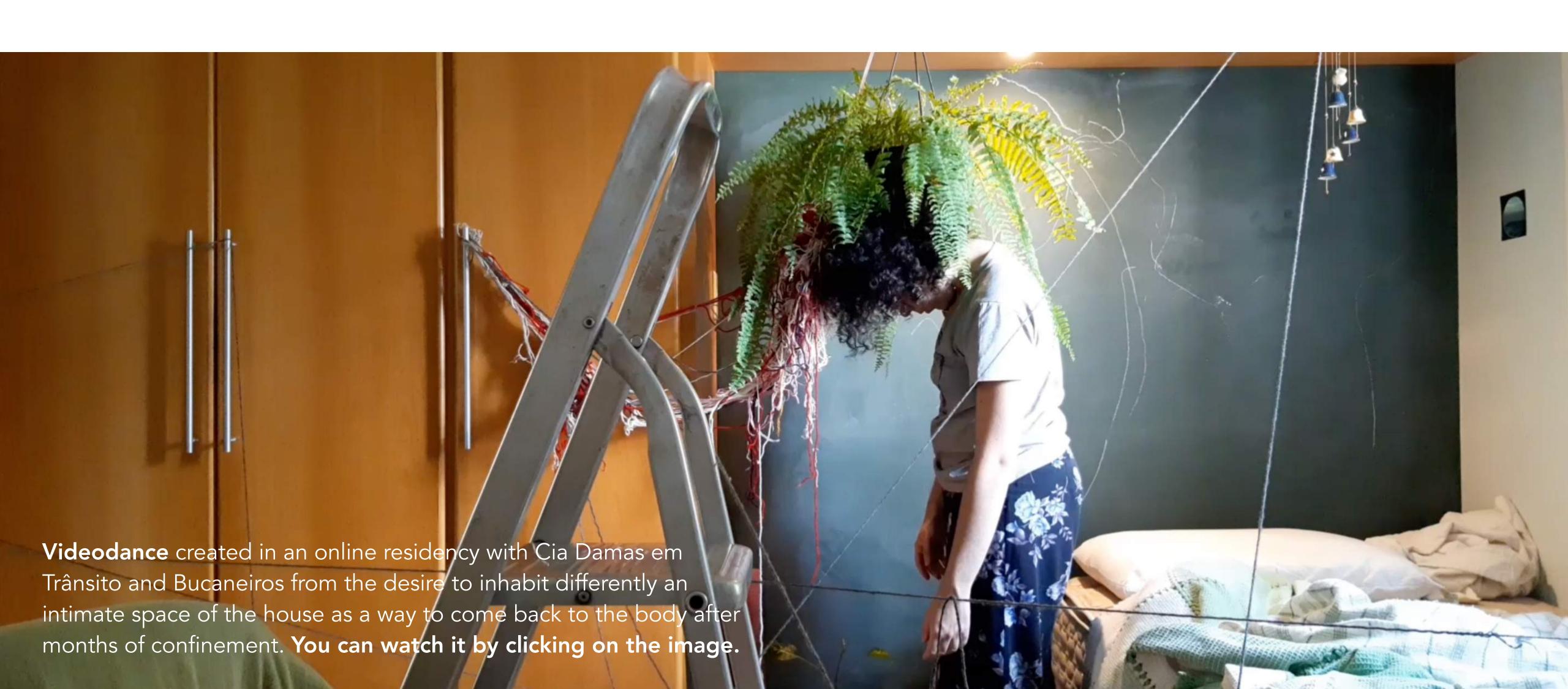
### WALKING IS FALLING

(NEUCHÂTEL/CH, OCTOBER 2020)



### BODY-BEDROOM-CITY-FERN

(PAULÍNIA/BR, JULY 2020)



I am Laís, a Brazilian artist-educator, writer, researcher and producer with a background in Dance, Dance Education and Linguistics. Between 2010 and 2018, I pursued BA degrees in these areas at UNICAMP (São Paulo, Brasil), earning scholarships and graduating with theses around discourse analysis, walking and the somatic approaches of dance.

Born in 1992, I have lived 26 years in Paulínia (São Paulo, Brasil), but since 2020 I am in Sierre (Switzerland) as a student in the MAPS program at ÉDHÉA. In the encounter with another country and another artistic sphere, I felt the need to test some limits of the act of walking and question its colonial baggage, engaging in a slow temporality and a low spatiality as a way to move differently even in my creative processes.

With the body always as a core aspect of my work, I have been getting closer to other materialities, those that we can mould with *us-hands*, being clay, cultivated plants or texts. But I insist in making performance, in which I feel able to navigate between collectiveness and intimacy, playfulness and sensoriality, macro and micropolitics, and question the borders between education, art and activism.

For a detailed CV (with lists of works and experiences until 2020), <u>check this link</u>.

